

## Symptoms of Sick School Syndrome

A child's health is an **ecological mirror** or a **barometer** of the environment in which s/he functions. Any of these symptoms (subtle to severe) could indicate a hypersensitivity reaction to a contaminated classroom:

- Hyperactivity
- An inability to concentrate
- Short attention span
- Short-term memory loss
- Impaired reasoning ability
- Lowered intelligence
- Frequent mood swings
- Chronic headaches, flu-like symptoms
- Recurrent respiratory problems, asthma
- Unexplained changes in handwriting or drawing
- Inconsistent classroom performance
- Restlessness or fatigue
- Aggressive or violent behavior
- Poor coordination and balance
- Dark circles under the eyes
- Reddened outer ears
- Chronic skin rashes